

**SAFAPLACE CONFERENCE 2020 PROGRAMME**

**SATURDAY 21st March**

**Stoke Newington School**

Time	Session	Location	Event Theme	Presenter
9.15AM	Doors open	6th Form	Networking and Exhibition Stands	
10.00AM	Welcoming and Key Note Speech	Theatre	Move to theatre	(Volunteers)
10.05AM			Welcome	Mike Collins, Safaplace Chair
10.10AM			Welcome to SNS	Zehra, SNS Head Teacher
10.15AM			Keynote Speech - David Weaver	BACP President
10.50AM			Move to workshops	
<b>Workshop 1</b>				
11.00-11.45AM	1	B13	How CAMHS works	Dr. Rhiannon England
	2	B15	From Pain to Gain	Courtney Brown (Father to Father)
	3	B16	How to talk to adolescents	Dr. Helen Sharples
	4	B17	Using poetry to support wellbeing	Adisa the Verbaliser
	5	B22	Young Men's mental health	Daniel Rigg (SNS 6th Former) & Mike Collins
	6	B24	Dealing with Addiction	Will Pugh (Amy Winehouse Foundation)
	7	B25	Derman & NHS Suicide Awareness	Ozlem Eylem (Derman)
	8	B26	Self Care for Mind, Body & Soul	Jonny Benjamin / Zac Newman
	9	B21	Yoga	Georgia
<b>Workshop 2</b>				
12.00-12.45PM	1	B13	How CAMHS works	Dr. Rhiannon England
	2	B15	From Pain to Gain	Courtney Brown (Father to Father)
	3	B16	How to talk to adolescents	Dr. Helen Sharples
	4	B17	Using poetry to support wellbeing	Adisa the Verbaliser
	5	B22	Young Men's mental health	Daniel Rigg (SNS 6th Former) & Mike Collins
	6	B24	Dealing with Addiction	Will Pugh (Amy Winehouse Foundation)
	7	B25	Derman & NHS Suicide Awareness	Ozlem Eylem (Derman)
	8	B26	Self Care for Mind, Body & Soul	Jonny Benjamin / Zac Newman
	9	B21	Young Hackney	Sarah Fox
1.00-1.45PM	<b>Lunch</b>			
1.45-2.00	Welcome back & 'TED' Talks	Theatre	Transition campaign update	Richard Allen, Trustee & Dr. Rhiannon England
2.00-2.15PM			Young Hackney	Sarah Fox
2.15-2.30			Pain to Gain	Courtney Brown
2.30-2.45			Writing for Health	Emily Harrison
2.45-3.00			Closing	Closing & raffle